

## WINTER ACTIVITIES AND ADVENTURES BROCHURE

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'To ensure you make the most out of your holiday in Chamonix this winter, we have selected the following activities and adventures available in the valley. Each of them can be combined in any way you choose or tell us what you want to do and we will tailor-make it for you!'



Each activity has a scale indicating fitness required and personal risk level. These are generic indicators so please discuss with your concierge what is involved and to understand if this is the right activity for you. The scales are structured in the following way:

**Adventure Scale:** 1 to 5

(1 means no imminent personal risk whereas 5 indicates quite a high degree of risk)

**Fitness Scale:** 1 to 5

(1 means no real cardiovascular fitness required whereas 5 means quite a high level required)

**Please note...**

- Your World of Indulgence concierge will advise you on what clothing, food and drink will be required for each activity
- Prices do not include ski lift passes
- All activities cancelled within 48 hours will be charged at full price
- Food is included where dinner or lunch is talked about - Drinks are not included

## Skiing Tuition & Adventures



Chamonix Valley has 5 different ski resorts - each with a different feel, aspect, terrain and ski level. It is unique & caters for all ski levels. Make the most of your time here by skiing all the areas - with an instructor or guide.

### 1. PANDA BASE CAMP FOR CHILDREN / TEENAGERS

A fun and enjoyable way for your children to learn to ski in small groups of 4-8 children (3yrs old to 17yrs old). Please ask us for more information on the different levels.

### 2. PRIVATE SKI INSTRUCTION

No stay in Chamonix is complete without employing the services of a Chamonix ski instructor for improving any aspect of your skiing or snowboarding.

Half day: 210€ / Full day: 370€

Prices based on 3 people in a group

Minimum age for private instruction – 3

Adventure Level: 2 to 5 \*\* Fitness Level: 2 to 5 \*\* Skiing skills required: All levels

### 3. EXCLUSIVE WOMEN

Does what it says on the tin! -With an expert female instructor, tailored skiing for intermediate and advanced women, without the painful show-off, competitive nature of the 'boys'. Including: use of the Dynastar Test Centre to make the most of their women specific range of skis

Four afternoon sessions of 2,5 hours ski time: 155€

Adventure Level: 2 to 5 \*\* Fitness Level: 2 to 5 \*\* Skiing skills required: intermediate advanced

### 4. SKI DE FOND

Cross country skiing involves little practice and there are no lifts or cable cars! Chamonix has many kilometers of beautiful scenery and cross country tracks. A combination of fresh air, breath taking scenery and adrenalin make this every bit exhilarating as alpine skiing.

Prices: TBC

Adventure Level: 1 to 3 \*\* Fitness Level: 2 to 5 \*\* Skiing skills required: None

### 5. TAILOR MADE GUIDING

From glacier skiing or exploring everything Chamonix's stunning mountains have to offer, you can use tailor made guiding, specially adapted to meet your personal goals, to create your dream day out. Explore the back country or ski the Vallee Blanche – 21kms of spectacular glacial scenery. Number of people 1 to 6

Full day: 385€

Adventure Level: 2 to 5 \*\* Fitness Level: 2 to 5 \*\* Skiing skills required: Intermediate to advance

## 6. OFF PISTE EXPERIENCE

Benefit from the knowledge and experience of two mountain professionals and spend the day with a high mountain guide and a ski instructor. With plenty of valuable tips and techniques for skiing off piste, you will get maximum enjoyment from your days skiing

Price: 185€ pp - Price based on 4-people in the group

Adventure Level: 2 to 5 \*\* Fitness Level: 3 to 5 \*\* Skiing Skills required: intermediate to advanced

## 7. CHAMONIX TOUR

Over three days, experience the best of the Chamonix Valley. Explore every type of terrain in a group of up to 6 people. An experienced High Mountain Guide will reveal the best conditions, secret spots, safe skiing and boarding so you can live three full days you always dreamt of.

Proposed itinerary: 1 day Flégère/Brévent, 1 day Grands Montets, 1 day Vallée Blanche.

Price: 299€ pp

Adventure Level: 3 to 5 \*\* Fitness Level: 3 to 5 \*\* Skiing Skills required: good intermediate to advanced

## 8. ADRENALINE SESSION

An awesome day with technique, skills and safety hints whilst riding steep and deep off-piste conditions. Looking to ride some of Chamonix's off-piste with slopes over 30°. Book a day early in your trip. Once you have enjoyed an Adrenaline Session with our guides in Chamonix, you will want more! There is a lot more.....

A full day of intense thrills at a group price, for good off-piste skiers and boarders

Price: 115€ pp

Adventure Level: 3 to 5 \*\* Fitness Level: 3 to 5 \*\* Skiing Skills required: good intermediate to advanced

## 9. SKI TOURING

This is perfect for lovers of off-piste skiing. Get away from crowds and the ski lifts. Sometimes with only a 30 minute tour, you can gain access to fantastic untouched powder descents, which are guaranteed to get you hooked on the freedom of 'Touring skiing'.

Full day: 115€ pp (group)

Adventure Level: 3 to 5 \*\* Fitness Level: 3 to 5 \*\* Skiing Skills required: good intermediate to advanced

## 10. ICE CLIMBING

In the capital of European climbing, Chamonix, a new kind of excitement is guaranteed with ice climbing. Accessible to everyone, climber or not, this is a perfect opportunity to do something a little different this winter holiday. Definitely a serious option for an unforgettable day out, especially on those 'down days', when you know skiing is probably not going to be that much fun.....

- **Ice Climbing Initiation**

This is an exciting activity available to everyone during their week in Chamonix. From novices to experienced for a day like no other in the Chamonix Valley.

Price: 140€ pp (including crampon and ice axe equipment hire)

Adventure Level: 3 to 5 \*\* Fitness Level: 2 to 4 \*\* Skiing Skills required: none

- **Advanced Ice Climbing Day**

If you already have some ice climbing experience, this course will enable you to progress and perfect your technique with the aim of learning to lead routes and much more.

Price: 140€ pp

Adventure Level: 3 to 5 \*\* Fitness Level: 3 to 5 \*\* Skiing Skills required: None

- **Five day - Ice Climbing Course**

Embark on a new and exciting adventure. In total security, under the watchful eye of an experienced high mountain guide, take your first steps into the world of ice climbing.

Price: 685€ pp

Adventure Level: 3 to 5 \*\* Fitness Level: 2 to 4 \*\* Skiing Skills required: none

Ski , Fly and a Touch of Adventure!



### 1. HELI CREMERIE

Why not add a little adrenalin to the day with a helicopter transfer between the Argentière slopes and your table at the traditional mountain refuge "Cremerie du Glacier". With stunning agility, your pilot will skirt monumental cliffs and swoop over twisted ice features jutting from the tortured blue ice of the glacier below you.

Includes full day ski instruction

Price: 265€ pp

Price based on 4 people in the group

Adventure Level: 2 to 4 \*\* Fitness Level: 2 to 4 \*\* Skiing skills required: All levels

### 2. HELISKI ITALIA

Go where few have ever skied, ride fresh powder inaccessible by lifts and enjoy descents from summit to valley throughout the day. Two heli-drops, guides and equipment provided, from the intermediate to the extreme; there is no better way to feel on top of the world. Return transfers to Courmayeur and lunch included.

Price: 455€ pp

Price based on 4 people in the group

Adventure Level: 3 to 5 \*\* Fitness Level: 3 to 5 \*\* Skiing skills required: Intermediate to advanced

### 3. HELI MEGEVE

A fantastic day of skiing, flying and fine dining! Descend the Grands Montets in the morning to meet your helicopter which will fly you over the top of Mont Blanc direct to your table at one of the most renowned restaurants in Megève – Les Mandarines. After a gastronomic lunch, spend the rest of the afternoon enjoying the picturesque slopes of Megève before returning to Chamonix by taxi at the end of a wonderfully indulgent day! Lunch is included.

Price: 467 € pp

Price based on 5 people in the group

Adventure Level: 3 to 5 \*\* Fitness Level: 3 to 5 \*\* Skiing skills required: Intermediate to advanced

### 4. HELI TARANTAISE TOUR

Ski 7 resorts in one day, linking together the best skiing in the French Alps. Beginning with a helicopter flight over the Vallee Blanche to Tignes where snowmobiles wait to start your skiing (Champagny, La Plagne, Bellecote and off piste to Villaroger) - Returning by helicopter to Argentiere and finish the day with descent on the Grands Montets. Ski pass, lunch, day guiding, helicopter included in the price.

Full day: 780€ pp

Price is based on 5 people in the group

Adventure level: 3 to 5 \*\* Fitness Level: 3 to 5 \*\* Skiing skills required: Intermediate to advanced

### **5. FLY AND DRIVE**

Start the day with a sunrise helicopter flight to Tignes Dam then ski to a famous spot for breakfast and coffee. After breakfast the ice driving team and their Subaru rally cars will be ready with lessons, advice then practice and race sessions to give you the driving thrill of a lifetime. Then ski the impressive 'Espace Killy' ski area to a slope side restaurant for lunch followed by skiing in Tignes and Val D'Isere till the end of the day. Return with a helicopter flight with sunset views of the Mont Blanc mountain range.

Prices: on request

Adventure Level: 3 to 5 \*\* Fitness Level: 2 to 4 \*\* Skiing Skills required: Intermediate

### **6. BOB & CO**

Early morning helicopter flight to La Plagne, a short ski where your breakfast awaits, meet the bob-sleigh team for an ultimate speed challenge on the only Bobsleigh track in France followed by lunch and some fantastic skiing. Return by a sunset helicopter flight.

Prices: on request

Adventure Level: 3 to 5 \*\* Fitness Level: 2 to 3 \*\* Skiing Skills required: Novice

## A Break from Skiing



### 1. PARAGLIDING

Harnessed to an instructor, paragliding offers a bird's eye view of the mountains and Valley's around Chamonix. Take off from Le Brevent and soar out over the valley floor below you. Although totally exhilarating the take off is gentle; after several steps the wing fills with air and lifts you away from the mountain. From start to finish, paragliding is an unforgettable experience. Don't forget your camera! Minimum age – 8

Prices TBC

Adventure Level: 3 \*\* Fitness Level: 1 \*\* Does not include lift passes

### 2. HELICOPTER FLIGHTS

Fly over the breathtaking peaks of the Alps, skim over jagged ridges and hover beside sheer granite cliffs. You will have unimaginable views of the majestic Mont Blanc Massif with its famous peaks such as Les Drus, Grandes Jorasses and of course Europe's highest mountain itself at nearly 16,000 ft, the Mont Blanc.

Flight durations are approximate and prices are for up to 6 people in one helicopter.

Aiguille Verte and Les Drus 15mins: 630€ pp

Grand Jorasse and Vallee Blanche 20mins: 830€ pp

Mont Blanc 25mins: 990€ pp

Adventure Level: 2 \*\* Fitness Level: 1

### 3. SNOW SHOEING

Discover the beauty and tranquility of our Forests and mountains accompanied by a guide. As you take off into spectacular landscape, our guides can share their years of knowledge and experience, whilst you lose yourself in breathtaking surroundings. Equipment is not included.

Half day (4 hours) 120€ per guide

Full day (8 hours) 200€ per guide

Price based on 4- 8 people in the group

Adventure Level: 1 \*\* Fitness Level: 2

### 4. GLACIER SNOW SHOEING

Accompanied by a high mountain guide you will snow shoe on the famous Mer De Glace where you will hear the ice moving, examine crevasses and learn more about these incredible spectacle of nature. Equipment is not included in the price.

Full day (8 hours) 360€ per guide

1-2 people in group 335€ per guide

Price based on 3-6 people in the group

Adventure Level: 3 to 5 \*\* Fitness Level: 2

## Night Time Adventures



### 1. ITALIAN JOB

After your day's activities why not spend the evening in the neighbouring resort of Courmayeur, which is only 25 minutes away. Leaving Chamonix early evening, we reach the foot of the Italian slopes and travel by skidoo to our restaurant – a thrilling trip piloted by expert local drivers. After a fantastic dinner of the very best regional Italian cuisine, we return to the valley on skis by torchlight (non skiers can descend by skidoo).

Price: 188€ pp

Price based on 7-people in the group

Adventure Level: 2 to 3 \*\* Fitness Level: 1 to 2 \*\* Skiing skills required: Intermediate

### 2. HUSKI ADVENTURE

Spend a memorable and fun evening driving your own huskies around in the twilight! You will be introduced to the dogs and shown how to control the sled before hitching up the huskies and setting off in convoy around tranquil forest paths. Teams of huskies will take you on the 30-40 minute tour which ends with a well earned meal in the warmth of a restaurant.

Price - Adults: 135€ pp / Children: 92€ pp

Adventure Level: 2 \*\* Fitness Level: 1 \*\* Skiing skills required: None

NB - This is dependent on snow conditions and is extremely popular so book well in advance!

### 3. JAMES BOND NIGHT

Enjoy spectacular views of Mt Blanc and the thrill of an evening at the Ferme de Tornieux high above the Arve valley and the local town of Sallanches. Drive up in a six wheeled vehicle to indulge yourself in local specialties before embarking on a tremendous 3km torch-lit descent by sledge back down to the village. Drinks not included.

Price: 155€ pp

Price based on 4-6 people in the group

Adventure Level: 2 to 4 \*\* Fitness Level: 1 to 2 \*\* Skiing Skills required: none

### 4. SUNTRAPPER EVENING

Catch the last rays of the winter sun on a helicopter trip around the Aiguille's Verte and Dru. Once landed, you'll be met by your personal snowshoe guide along with all the equipment to trudge your way through the depths of the Alpine forest, head-torches lighting your path. Dine that evening 'Trapper' style on a scrumptiously hot fondue, fresh crisp salad and blueberry tart, all washed down with a glass or two of local wine. Fully refreshed, finish your evening by sledge, gliding down the newly groomed pistes to your transport home.

Price: 245€ pp

Groups of 5-6 people

Adventure Level: 2 to 3 \*\* Fitness Level: 2 to 3 \*\* Skiing Skills required: none

## **5. CARLO'S HOUSE**

Sunset helicopter ride over the Mont Blanc range to the chic Italian ski resort of Courmayeur where skidoos will be ready to take you through the back country to Carlo's refuge for a great Italian meal! After the meal you can return to Chamonix or stay over and enjoy a great day skiing in Courmayeur followed by appetizers or even some exclusive shopping.

Prices: on request

Adventure Level: 2 to 4 \*\* Fitness Level: 2 to 3 \*\* Skiing Skills required: Beginner

## **6. FOOT OF MER DER GLACE**

All aboard! Snaking up through the alpine forests, just like it has done since 1908 the Little Red cog railway train will take you to 1900m. Follow the lit torches along the path leading you to the famous Monteverve Hotel for a traditional Savoyard evening meal.

Prices: on request

Adventure Level: 1 \*\* Fitness Level: 1 \*\* Skiing Skills required: none

## **7. MOONLIT VALLEE BLANCHE**

Quite possibly one of the most amazing experiences you may have in your life! Catch the last cable car of the day to watch the sun set from the Aiguille du Midi. Cross the arête and visit the infamous Refuge des Cosmiques for dinner and a few drinks before heading down the Vallée Blanche at around 10pm. It is hard to describe the wonder and splendor of the snow and glaciers beneath the light of the full moon - the night sky is actually a dark shade of blue, not black, so you can see everything. It is utterly extraordinary and if you ever happen to be in Chamonix round a full moon, you should most definitely do this!

Prices: 155€ pp

Price based on 4-6 people in the group

Adventure Level: 4 to 5 \*\* Fitness Level: 3 to 5 \*\* Skiing Skills required: Good intermediate

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### **About our listed activities**

In preparation of this Activity Listing, every effort has been made to offer the most current and correct information possible. Nevertheless, inadvertent errors in information may occur. The information included in the Activity Listing has been compiled by the concierge staff in Chamonix. From a variety of sources and is subject to change without notice to WOI or the party using the Activity Listing. WOI makes no warranties or representations whatsoever regarding the quality, content, completeness, suitability, adequacy, accuracy or timelessness of such information and recommended services.

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